



Cosmetic Tattoo Pre & Post Care (ombre/combo)

Preparing For Your Brow Tattoo Procedure:

Follow these guidelines unless you're directed otherwise.

- Avoid alcohol, caffeine, ibuprofen, aspirin, and fish oil supplements for at least 24 hours prior to your appointment.
- Be prepared to lie very still for a long period of time. Many clients bring headphones to listen to music during their appointment.
- Wear comfortable clothing.
- Avoid waxing, threading, or tweezing your eyebrows for at least 5 days prior to procedure (2 weeks is ideal).
- Clients often find it helpful to bring in pictures of their ideal brow shape or colour as it helps them to communicate their aesthetic goals with their Cosmetic Tattoo Artist.
- You will need to keep your brows dry for 7-10 days post treatment, so we recommend **washing your hair** the morning of or the day before your procedure.

What to Expect During Your Procedure:

A consultation will be performed prior to the procedure to discuss pertinent information and to assess your treatment goals. The brow shape and colour is custom-made to your facial structure and preferences. At the beginning of the treatment, precise measurements are taken to define a symmetrical guide and a reference grid is placed on the brow area. A marking pencil is used to draw the outline of the new brow. Your Brow Artist will provide you with a mirror to review the guide with you to ensure the shape meets your desired outcome.

The technician will create your brow by hand, strand by strand to get to the shape that is made just for you. We take into account existing brow shape, your facial structure, and your preferences. Once we decide on the brow form, we consult on the colour. A customised hue is mixed to order (we will track the formulation, for future touch-ups), from pigments made with FDA-certified ingredients made in the USA.

A topical pre-procedure numbing cream is optional, if you choose to use one, it must be purchased along with your **Treatment Numbing Cream** (information on this will be emailed to you after booking) and applied 45 mins prior to your appointment time to clean skin.

Ombre: For this technique we utilise a digital tattoo machine, that deposits the pigment into the dermis by packing it into the skin creating a more shaded appearance. During your consultation we will determine what type of look you want to achieve. How light/dark, bold/soft etc. This technique can take around 2-2.5 hours.

Combination: This technique utilises both microblading (feathering) and shading. It is fully customisable depending on the look you are after. Some clients prefer to have the majority of the brow feathered with

just a little shading through the mid-tails, or some like a fluffy start and a more defined or fuller tail. Whatever you choose we can certainly oblige!

Post Treatment: Aftercare

- 3-4 hours after appointment, clean brows once with sterile water/boiled water & cotton pads
- Apply a small amount of aftercare or Vaseline (**not bepantthen!**) to the brow area with a cotton tip once (normal skin) or twice a day (dry skin). Reapply aftercare as often as needed (itchy/dry/tight)
- Must keep clean! No makeup, products or water on the brows for 10 days
- No picking or touching while healing.
- Avoid heavy sweating for 10 days.
- No sun/swimming for 3-4 weeks

Fading Factors (it's going to happen!)

Causes of fading:

- Sun Exposure
- Oily Skin
- Anti-Ageing Creams
- Retinol/Retin-A (shouldn't be using in this area anyway!!)
- Acidic Cleansers, natural elements, peels etc
- Frequent Exercise (Salty!)
- Not following aftercare!!

What to expect:

- Day 1-3 Brows will appear very dark, may have slight swelling and sensitive around brow area.
- Day 5-15 Flaking will occur, do not pick!
- Day 15-20 Brows will slightly disappear due to exfoliating process (normal!)
- Day 20-30 Brows will reappear softer, touch up visit required at 8 weeks

Don't forget, you have to trust the process. If you have any questions or concerns don't be afraid to reach out.